

NBE Hair Extension Care Guide

- 1. Co-Wash your extensions-** Co-wash is when you wash your hair only using conditioner and rinse with cool water. The conditioner is used to provide moisture, shine and hydrate the hair. Let conditioner set with a generous amount 2-3 hrs or longer for best results and follow with oil treatment or curl enhancer to wavier hair. Always let hair air dry.
- 2. Seal the Wefts-** To prevent and minimize shedding you should seal your wefts. Minimal strands are common as your own natural hair. So always seal wefts before install with a quality weft sealer.
- 3. Shampooing-** Shampoo gently in cool to warm water at least every two weeks. Gently comb through with fingers in a downward motion while washing and rinsing ALL shampoo out with lukewarm water.
- 4. Conditioning-** Deep condition at least 1-3 hrs. every 1-2 weeks. Use a generous amount conditioner especially on the ends. After the desired time rinse ALL conditioner out leaving none in the hair with COLD WATER. While still damp apply oil treatment or curl enhancer for curly hair to each section of hair. Let air dry.
- 5. Daily Care-** Using cold water and a quality oil treatment or curl enhancer as needed is best for daily care. Comb hair out from bottom to top. Part hair and on each section mist cold water. Apply dime size drop of oil treatment to hands and run hands through hair.
- 6. Heat Protectant-** It is important that you use a quality heat protectant on your hair when straightening and curling. As your own hair, your extensions will become damaged by excessive heat. If your hair becomes heat damaged, it will lose its natural curl/wave pattern, and have damaged dry or brittle ends. Heat damage cannot be reversed.
- 7. Swimming-** Always wet hair with tap water, apply conditioner and braid hair before swimming to help avoid tangling. Avoid salt water, (the worst for extensions), and chlorine.
- 8. Nightly care-** A. Comb hair out bottom to top removing any tangles or product buildup. B. Secure your extensions with a braid/plait to prevent movement and tangling at night. And use a silk bonnet.
- 9. NEVER GO TO BED WITH WET HAIR!**

Helpful Tips

Please be mindful that your hair is not new. Each bundle of hair comes from a different donor, therefore each bundle will be uniquely different. A product that you may have used in the past may not always work well with every texture or bundle of hair. Someone has been successfully wearing the hair 20+ years before you have received it. So if your hair suddenly becomes unmanageable, its most likely due to its new regimen and not a question of the hairs quality. You may have a bundle of hair that doesn't act or respond like the others. It doesn't mean your bundle is "bad". It means that you will need to find a regimen that agrees with that bundle until they all cooperate well.

As long as your hair gets continuous moisture, you choose the right haircare products, and you keep your hair clean, it will look and feel great! When your hair starts to get dry, tangle, look dull or even shed more than normal, this means there is a buildup of product and/or your hair is very dry needing moisture and a deep conditioning. Avoid using shampoo too often especially if your hair is dry unless its necessary.

Virgin hair (especially curly hair) is very high maintenance. If you aren't willing to maintain your hairs moisture and cleanliness or taking the time to find a good regimen, you may want to consider another texture. Curly hair is definitely for advanced-intermediate Virgin hair wearers and extremely different than caring for hair from your local Beauty Supply Store.